

SEPTEMBER



Food Cravings

2014

Save the Date!

Check out the cuisine every Monday for Latino Heritage Month

9/1 Labor Day

9/11 National Cookout Day!

9/18 Cheeseburger Day!
Come check out our cheeseburger bar!

9/26 Pancake Day!
Come check out our Pancake Bar!

9/29 Stir Fry Day!

From the Director's Desk...

LATINO HERITAGE MONTH

Latino Heritage Month celebrates the history, culture and contributions of Latinos in our global society past, present and future. The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15. It was enacted into law on August 17, 1988, on the approval of Public Law 100-402. The day of September 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on September 16 and September 18, respectively.

Did you know???

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford, is said to have complained of "having that sinking feeling" during the late afternoon. The solution was a pot of tea and a light snack during the afternoon. Other social hostesses quickly picked up on the idea and the practice became acceptable for all of fashionable society to sip on tea and nibble on sandwiches in the afternoon. Today, in the U.S., over 79 billion servings of tea or 3.6 billion gallons are consumed annually.